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Are You Connected?

Parks and Recreation Notification

Please visit www.cityofwestfield.org and click on the “Notify Me” link on the home page. From there you can select what departments you would like notifications from.
Mission
The Westfield Parks and Recreation Department is committed to enrich the quality of life through the promotion, development, and maintenance of public recreation and enrichment opportunities, park lands and related facilities.

Westfield Parks and Recreation Commission
The Westfield Parks and Recreation Commission has monthly meetings on the second Monday of each month. All meetings are open to the public and are held in Room 315 in City Hall at 6:30 p.m. Anyone who would like to address the Commission needs to be placed on the agenda by calling the Parks and Recreation Department (572-6263) by the Monday before each meeting.

The Parks and Recreation Commission is made up of eight members from the community appointed by the Mayor and approved by the City Council. The purpose of the Commission is to set policies and advise the City Council on needed parks and recreation programs; oversee the city recreation programs and park areas; and plan, acquire and develop recreation facilities, parks and open space areas to meet future needs as the city grows.

Sincere Appreciation
The commission would like to thank Westfield Public Schools for the use of school facilities. The extra time and energy from secretaries, custodians, teachers and principals is greatly appreciated.

Program Cancellations
To receive information such as program cancellations due to inclement weather, etc. please call the department at 572-6263, or visit www.leaguelineup.com/wprcancellations.

Please be aware that some programs many cancel due to the fact there are not enough registered to hold the program. When this happens, you will be notified and offered either an opportunity to take another program, receive credit or receive a refund. Every effort will be made to notify you if a program has been cancelled or changed. Programs are subject to change in time, date, location and/or personnel.

Photo Policy
The department reserves the right to photograph/videotape program participants/spectators for publicity purposes.

Americans with Disabilities Act
The Westfield Parks and Recreation Department complies with the American with Disabilities Act (ADA) which prohibits discrimination on the basis of disability. The department will make reasonable accommodations for individuals with disabilities who meet essential eligibility requirements. Contact the department regarding special accommodations.

Brochure Distribution
The department’s brochure is distributed throughout the Westfield Public Schools and private schools. Mailed to all past participants and available at the library and Mayor’s Office. The department produces a Spring/Summer and Fall/Winter brochure.

For the Safety of Our Children
Participant Dismissal Policy
Any parent who does not want their child to be allowed to leave a program site on their own or with anyone other than their parent, can have their child held at the program site until they arrive to get them. Program pick-up permission slips and information may be obtained at time of registration or anytime during the program. Parents are encouraged to be on time when picking up their children.

Volunteers
Volunteers can demonstrate to the community that people really care about the parks and recreation programs by wanting to help with the operation and improvements of them. Citizens who volunteer can take back into the community a true picture of the Westfield Parks and Recreation Department and can be ambassadors of good will. These are some of the reasons why we encourage the services of volunteers whenever possible to supplement, but not replace, the services of paid employees.

Refund Policy
The Westfield Parks and Recreation Department reserves the right to cancel, postpone, or combine programs. If insufficient enrollment causes an activity to be cancelled, participants will receive a full refund. Please allow 3-4 weeks for the processing of refunds.

To be eligible for a requested refund, the request must be received three working days before program has started. No refunds/credits will be granted after a program/activity has met more than two times. Your request will need to be a letter to the department stating the reason why you are requesting a refund along with your name, address and social security number. There will be an administrative fee of $10.00 per program refunded. If you choose to have a credit placed on your household account, the credit cannot be transferred to a refund check.

Our Service Promise
If at any time we do not meet our obligation of providing quality programs and facilities and you feel there is a problem with our service, the Parks and Recreation department will work with you in one of the following ways to make it right with you.

1. Repeat a program at no additional charge.
2. Receive a credit good for use towards any program or service fee.
3. Receive a prorated refund or credit due to a medical problem based upon number of classes attended.
4. Meet with staff to discuss the situation and arrive at an equitable solution.
Help Keep Your Parks Clean
Please place your garbage in proper garbage containers located at each area.

Park Regulations

Park Hours - Dawn to Dusk
Property Damage - No person shall deface, disfigure, break, cut, tamper with, displace or remove from any park, park property, either permanent or temporary.
Dogs - Owner shall remove all waste deposited by his or her animal in all areas of parks. No dogs allowed on athletic fields.
Vehicles - Vehicle parking is only allowed in designated areas. No vehicles are allowed to park on any grass area without permission from the department.

Participant Code of Conduct

Equal Access - No participants shall on the basis of race, sex, creed, national origin or disability, be denied equal access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage, or opportunity.
Behavior - Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make recreation department programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff:
Participants shall:
• Show respect to all participants, volunteers and staff
• Refrain from using foul language
• Refrain from causing bodily harm to other participants, volunteers and staff
• Show respect for equipment, supplies and facilities
Discipline - A positive approach will be used. The Westfield Parks and Recreation Department reserves the right to dismiss a participant. Each situation will be evaluated on its own merit.

Fee Assistance and Scholarships
The Westfield Parks and Recreation Department recognizes there are community residents who may suffer from economic setbacks that might preclude their participation in the programs. If such a need exists, please contact the department at 572-6263.

Give the Gift of Fun and Joy to a Child
Donate to the Youth Scholarship Fund
The Youth Scholarship Fund provides financial assistance to children who would not otherwise be able to participate in our programs and activities. If you would like to contribute, you may send a check or “ADD UP” on your registration form.

“Add Up For Easy Giving”
A great way to contribute to the Youth Scholarship Fund is to “ADD UP” when you register. Simply round off your payment to the next easy denomination and enter this additional amount on the Youth Scholarship Fund donation line on your registration form.

Thank you to the following individuals who “Added Up” with their spring/summer program registrations!

Rob & Maria Aquadro  Nicole Maslar
Patricia Austin  Bridget Matthews
Katie Bailey  Andrew McArdle
Rachel Beaulieu  Stuart McCready
Meghan Burch  Jeff McDonald
Gail & Scott Cervonayco  Amie McLaughlin
Allison Charter  Greg & Kristyn Miller
Alfred Colonna  Peter & Karen Miller
Ann Marrie Connor  Natalie Mutti
Karen Dabkowski  Rebecca O’Connor
Emily & Don Fisher  Kelly & Jay O’Sullivan
Steve & Lauren Donnelly  Cara & Mike Paquette
Liz Gasiewski  Lindsay & Josh Panis
Martha Gendron  Mike & Lianne Raposo
Debbie Gibbons  Adam Ripka
Pete & Jen Grabowski  Jennifer Sagan
Rebecca & Chad Hart  Jeff & Kim Sarat
Stephanie Haskins  Kristen Siska
Heidi Hiner  Chris & Sara Switzer
Chiara Hines  Eric Szlachetka
Chrystal Hynek  Sarah Thompson
Ben & Samantha Johnson  Mia Valenti
Kristen Keane  Krista & Robert Walker
Andrea Kiendzior  Marcy Werner
Doug & Kara LaValley  Heather White
Ryan Lemieux  Shannon & Jeff White
Heidi Leonard  Debra Whitelock
Serena & Marc Lichwan  Katie & Dean Winslow
Emily MacDonald  Amy Woody
Laura Marx

Financial Assistance
Financial assistance for youth programs fees is available through the Youth Scholarship Fund. The fund will subsidize the program fee for a youth participant. “Youth” is considered anyone 17 years old or younger or still a student in high school. Financial assistance must be applied for at the time of registration.

Eligibility: To register for a program and apply for financial assistance, return a completed registration form and a completed financial assistance form to the department. Both forms can be obtained at the department’s office or call 572-6263.
**FATHER/DAUGHTER DANCE**

Make a memory that you will keep forever. Fathers and daughters join us for an enchanted evening. Evening will include music provided by a D.J. and dancing, light appetizers and drinks, door prizes, photo, and keepsakes. Men wear a suit, dress pants with tie or even a tuxedo and daughters wear a party dress or dress pants. Don’t wait until the last minute to register.

**Date:** February 7, 2020, inclement weather date will be Feb 28  
**Ages:** Daughters 4 yrs. - 13yrs. accompanied by their father, grandfather or uncle  
**Day:** Friday  
**Time:** 6:00pm - 9:00pm  
**Fee:** $60.00 per couple, additional daughter or male is $25.00  
**Please make checks payable to:** Westfield Parks & Rec Department  
**Location:** Tekoa Country Club  
**Max:** 350 individuals or 175 couples  
**I.D.:** 341860A

This program is popular, so do not delay in registering. Registration is set at a maximum of 350.

**MOTHER/SON LUAU DANCE**

Make a memory that you will keep forever. Mothers and sons join us for a HO’OLAULE’A evening. Evening will include music provided by a D.J. and dancing, light appetizers and drinks, games, photo, and keepsakes. Event is organized by the Westfield Parks and Recreation. Women and sons should show off their best Hawaiian attire. Games include volleyball, cornhole and ladder ball to name a few! Don’t wait until the last minute to register.

**Date:** March 13, 2020, inclement weather date will be March 20  
**Ages:** Sons 4 yrs. - 13yrs. accompanied by their Mother, grandmother or aunt  
**Day:** Friday  
**Time:** 6:00pm - 9:00pm  
**Fee:** $60.00 per couple, additional daughter or male is $25.00  
**Please make checks payable to:** Westfield Parks & Rec Department  
**Location:** Tekoa Country Club  
**Max:** 200 individuals or 100 couples  
**I.D.:** 354741A

This program is new program, so do not delay in registering. Registration is set at a maximum of 200.
Pee Wee Soccer

Pee Wee Soccer is designed for children 4-6 years of age. Children are divided into teams by age. Instruction provided by a volunteer coach. Teams will have no more than 9 participants per team. Fundamental skills will include dribbling, passing, trapping and shooting. Practice/games are held in the same hour in the session you have chosen. Participants play 3 vs 3 or 4 vs 4. This program is not a competitive league. It is designed as an introduction to soccer and developing appropriate sportsmanship behavior.

Date: Tuesday Sessions September 3 - October 8
      Wednesday Sessions September 4 - October 9
      Saturday Sessions September 7 - October 12

Program will still meet on Columbus Day weekend

Ages: 4-6, participant must be the stated age by the start of the program (will accept 6 year olds who do not meet the age cutoff or missed registration for Westfield Youth Soccer)

Day: Depends on the session you have chosen

Time: Please choose the session where your child should be placed, info below

Fee: $40 Sessions A and C will only receive a t-shirt, soccer balls will be on site for these sessions
     $45 Sessions B and D will include size 3 soccer ball and t-shirt

Location: Westfield Intermediate School

I.D.# 213200-A Saturday 9:00 - 10:00am 5 and 6 years
      213200-B Saturday 10:30 - 11:30pm 4 and 5 years
      213200-C Tuesday 5:30 - 6:30pm 5 and 6 years
      213200-D Wednesday 5:30 - 6:30pm 4 and 5 years

Cancellation and Make-up website - www.leaguelineup.com/wprcancellations

Want to Coach your child’s team?

Do you have patience and the ability to organize a group of 8-9 children to play soccer? At this age these are the skills we look for with Pee Wee Soccer Coaches. You don’t have to be an athlete. You don’t have to know a lot about soccer. Even if you never played soccer before you still can coach. We give you all the tools to be a positive coach. Your child is automatically placed on your team and all you have to do is arrive on time for your scheduled session. Moms make great soccer coaches also. Call the department at 572-6263 in advance to let us know you are interested in coaching.

Coaches meeting will be held
Tuesday, August 27 in Rm 315 of City Hall, 7:00pm-8:00pm. All coaches must attend, if you are unable to attend please notify the department. At this meeting coaches will receive a coaches handbook which contains practice drills and rules. All coaches must submit to a CORI/SORI Background Check.

Placement on teams?

If you want your child to be placed on another child’s team, please make note of this on your registration form. Requests must be received prior to September 1. After this date, making changes to teams will be difficult.

Westfield Boy’s Free Basketball Clinic Series

Westfield Parks & Recreation will be offering a series of free basketball clinics through the fall. The clinics will run once a week for both recreation and suburban players.

Date: Sept. 4 – Oct 9      Day: Wednesday
Fee: FREE      Location: Westfield Intermediate School
Instructor: Mike Anciello
Time: Grades 4 - 6  6:00 - 7:30pm
       Grades 7 & up  7:30-9:00pm
Westfield Girl’s Free Basketball Clinic Series

Westfield Parks & Recreation will be offering a series of free basketball clinics through the fall. The clinics will run once a week for both recreation and suburban players.

**Date:** Sept. 10 – Oct 8  
**Day:** Tuesday  
**Fee:** FREE  
**Location:** Westfield Intermediate School  
**Instructor:** John Deland  
**Time:** Grades 4 - 8  5:30 - 6:30pm

Woronoco Heights Outdoor Adventures

Have you heard about WHOA? If you are looking for something to do one Saturday a month, look no further! The great outdoor adventures are open to everyone ages 5 -105. This program offers a variety of season activities on one Saturday each month from September to June. These include ice fishing, snow shoeing, cooking, ATVs, blacksmithing, ham radio and more. Please visit [www.wmascouting.org/WHOA](http://www.wmascouting.org/WHOA) for each day’s actual activities. Each program is available from 9am – 3pm, but you may arrive/leave at any time. Check in will be at the Trading Post. There will be soups, chowder, hot dogs, soda, chips and ice cream available for purchase at the Trading Post. Please wear appropriate outdoor hiking type attire including sturdy shoes or boots. At no time are open toed shoes/sandals are allowed on camp property!

**Ages 5 – 9**  
**Ages 10 & Up**

**Date:** Session A   Sept 21 I.D.#: 214200-A  214200-I  
Session B   Oct 19  I.D.#: 214200-B  214200-J  
Session C   Nov 16  I.D.#: 214200-C  214200-K  
Session D   Dec 7   I.D.#: 214200-D  214200-L  
Session E   Jan 11  I.D.#: 214200-E  214200-M  
Session F   Feb 15  I.D.#: 214200-F  214200-N  
Session G   Mar 14  I.D.#: 442600-A  442600-C  
Session H   April 25 I.D.#: 442600-B  442600-D

**Age:** 5 – 105  
**Time:** 9:00am – 3:00pm Rain or Shine  
**Day:** Saturday  
**Fee:** 5-9 yrs old $10 per child 10 & up - $15 per person  
**Location:** 310 Birch Hill Road, Russell Ma.

Weekend Horseback Riding

A.J. Stables located 1040 East Mountain Road in Westfield, has acres of beautiful pasture and trails. Programs have been created for you and your children to enjoy a bit of the country in the city.

All riding lessons are conducted by a Massachusetts licensed riding instructor. All programs will take place at A.J. Stables at 1040 East Mountain Road.

You must register your child(ren) through the parks and recreation office using a program registration form. When dropping off children please drive to the back of the property. PLEASE DRIVE SLOWLY.

**Program Guidelines**

- No sandals or open toed shoes  
- Provide backpack for personal items  
- Wear long pants for riding horses  
- Bring rain coat on rainy days  
- No canvas sneakers  
- Program held rain or shine  
- Bring snack/drinks - will set aside time  
- Apply sunscreen and bug spray before arriving  
- Participants get dirty so please wear appropriate clothing. Department will provide riding helmets on a loan basis for each riding session.  
- Parents/Guardians are requested to leave the farm after they drop their child(ren) off and not linger around the farm.  
- Pictures can be taken on Sunday of each session.
**Horseback Riding**

A. J. Stables has beautiful acres of pasture and trails. Programs have been created for your child to enjoy a bit of the country in the city. Spend a day on the farm experiencing how to care for and ride a horse. Each day you child will receive a riding lesson and learn about feeding, grooming, and maintenance associated with horses. Participants will experience brushing, tacking, cleaning, walking etc. All lessons are conducted by a Massachusetts Licensed Riding Instructor. All programs take place at A. J. Stables. **Dress appropriate for weather!**

**Date:** Session A Sept 14 & 15  I.D.#: 255100-A  
Session B Sat. Sept. 14 only  I.D.#: 255100-B  
Session C Sun. Sept. 15 only  I.D.#: 255100-C  
Session D Sept 28-29  I.D.#: 255100-D  
Session E Sat. Sept. 28 only  I.D.#: 255100-E  
Session F Sun. Sept. 29 only  I.D.#: 255100-F  
Session G Oct 12-13  I.D.#: 255100-G  
Session H Sat. Oct 12 only  I.D.#: 255100-H  
Session I Sun. Oct 13 only  I.D.#: 255100-I

**Age:** 6 – 14  **Time:** 9:00am - 12noon  
**Day:** Saturday & Sunday  
**Fee:** $65 per child or $35 for just one day  
**Max:** 25

**Pumpkin Carving & Painting with Pony Rides**

Come and enjoy the autumn season on the farm! Take a hay ride over to the pumpkin patch where you get to pick your own pumpkin. Then you can carve or paint it to your delight. Your child will also get to enjoy unlimited pony rides. All painting and carving supplies will be provided. Please feel free to bring your own snacks and drinks. Please dress appropriately for the weather. Will be held rain or shine!

Adults and Teens also have the option of just carving or painting their own pumpkin.

**Date:** Oct 19  **Time:** 1:00 - 4:00 pm  
**Day:** Saturday  **Age:** all ages  
**I.D.#:** 255100-J  **Fee:** $18 per child includes hayrides, pony rides and pumpkin carving & painting  
**I.D.#:** 255100-K  **Ages:** 13-Adult  
**Fee:** $10 for just hayride and pumpkin carving & painting  
**Location:** A.J. Stables, 1040 East Mountain Road

**Youth Tennis Lessons**

No matter what level, you will enjoy a great opportunity to improve your skills. Instructor provides a balance of instruction and practice. Emphasis will be on proper grip, stance, swing, serve and ball placement as well as hitting with control for depth and power. Please bring own tennis racket, water and wear appropriate clothing and footwear. Includes relaxed play!

**Date:** Sept. 7, 14, 21, 28, Oct. 5, 12  
**Day:** Saturday  
**Fee:** $60.00  
**Location:** Municipal Playground  
**Max:** 10  
**Instructor:** Frank Crosby  
**Ages:** 4-6  
**Time:** 12:00pm – 12:45pm  
**I.D.#:** 213500-A  
**Ages:** 7-9  
**Time:** 1:00pm-1:45pm  
**I.D.#:** 213500-B  
**Ages:** 10-14  
**Time:** 2:00pm – 2:45pm  
**I.D.#:** 213500-C

**Adult Fun Tennis**

Designed for beginners. Would you like to learn the great game of tennis? Learn forehand, backhand, serve and volley, scorekeeping and court etiquette. Please bring own tennis racket, water and wear appropriate clothing and footwear.

**Date:** Sept. 11, 18, 25, Oct 2, 9, 16  
**Day:** Wednesday  
**Fee:** $60  
**Location:** Municipal Playground  
**Instructor:** Frank Crosby  
**Max:** 10  
**Ages:** 15 & up  
**Time:** 4:45pm -6:00pm  
**I.D.#:** 213500E
Westfield United Basketball

Co-sponsored by Westfield Parks and Recreation Dept. and Westfield Boys and Girls Club. This program is designed to give girls and boys the opportunity to play, learn, and enjoy the game of basketball in an energetic and organized atmosphere.

<table>
<thead>
<tr>
<th>DIVISION</th>
<th>AGE</th>
<th>FEE</th>
<th>GAMES</th>
<th>TIME</th>
<th>GYM LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructional</td>
<td>5-6</td>
<td>$50</td>
<td>Mon or Tue</td>
<td>5:30-6:45pm</td>
<td>South Middle</td>
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<tr>
<td>Freshmen</td>
<td>7-8</td>
<td>$50</td>
<td>Wed</td>
<td>5:30/6:45pm</td>
<td>North Middle</td>
</tr>
<tr>
<td>Sophomore Boys</td>
<td>9-10</td>
<td>$80</td>
<td>Mon/Tues</td>
<td>Varies</td>
<td>Boy’s &amp; Girl’s Club</td>
</tr>
<tr>
<td>Sophomore Girls</td>
<td>9-11</td>
<td>$80</td>
<td>Sundays</td>
<td>Varies</td>
<td>Boy’s &amp; Girl’s Club</td>
</tr>
<tr>
<td>Junior Boys</td>
<td>11-12</td>
<td>$80</td>
<td>Wednesdays</td>
<td>Varies</td>
<td>Boy’s &amp; Girl’s Club</td>
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<tr>
<td>Junior Girls</td>
<td>12-up</td>
<td>$80</td>
<td>Sundays</td>
<td>Varies</td>
<td>Boy’s &amp; Girl’s Club</td>
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<tr>
<td>Senior Boys</td>
<td>13-14</td>
<td>$100</td>
<td>Tuesdays</td>
<td>Varies</td>
<td>Boy’s &amp; Girl’s Club</td>
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<tr>
<td>High School</td>
<td>15 and up</td>
<td>$100</td>
<td>Varies</td>
<td>Varies</td>
<td>Boy’s &amp; Girl’s Club</td>
</tr>
</tbody>
</table>

***We will no longer allow players requests to play with a selected coach or fellow player.***

***Sign-ups will begin Monday, August 19***

Cancellation website –
For Instructional and Freshman divisions only
www.leaguelineup.com/wprcancellations

League and Cancellation website –
For Sophomore through H.S. divisions
www.leaguelineup.com/wub

Instructional/Freshmen Divisions will meet once a week. Practice/games combined. Play on half court with lowered rims.

Sophomore/Junior/Senior/High School Divisions will practice once a week (determined by coach) and play 1 - 2 game(s) per week. Play full court with referees.

All players must attend a skills assessment, are rated and each team is formed equally based on players ability level. Practice begins end of October with team selections held at the middle of October. Games begin around week of November 25. Must be required age before October 1.
Adult Men’s Fall Softball League

Form your own team and join our league. Team is responsible for providing own team shirts and sponsor.

**Date:** September - November  
**Ages:** 18 and older  
**Time:** Varies on game day  
**Days:** Any  
**Fee:** $350 per team (Teams will also be responsible for umpire and scorekeeper fees each game)  
**Location:** Whitney Playground  
**I.D.#:** 242170A

Winter Open Pickleball

Keep your skills sharp all winter! We will have open gym time for anyone interested in playing Pickleball. Net, paddles and balls will be provided for any players who do not have their own equipment.

**Date:** November 6 – April 8  
**Days:** Tuesday and Wednesday  
**Fee:** $20  
**Location:** Highland Elementary School  
**Time:** 4:00 - 8:00pm  
**I.D.#:** Session A 213300A

Note for Children’s Sports Programs

Our sports programs for children under the age of 6 years are non-competitive and emphasize the “FUN” fundamentals of the sport. Participants will be taught the basic skills of the sport, however, other games may be played during the program to further develop the motor skills needed to play the sport. When playing, scores will not be recorded, but rather the importance of teamwork, fun, and physical fitness will be stressed.

Adult Men’s Basketball League

Form your own teams and join our league. Games are officiated by board certified referees. Games are held on Sunday mornings. Team is responsible for providing own team shirts and sponsor.

**Date:** December - March  
**Ages:** 18 and older  
**Time:** Varies on game day  
**Days:** Sundays  
**Fee:** $400 per team (Teams will also be responsible for referee fees each game)  
**Location:** Westfield High School  
**I.D.#:** 212300-A
Fitstart with Dacia

Kickstart your way to a healthier mind and body! Designed for beginner or intermediate levels, who are looking for a fresh start. Set YOUR personal goals and achieve them!

Surround yourself with those who inspire and motivate you! Enhance your physical activity and strength through fresh outdoor workouts with a beautiful view. Workouts may consist of: a warmup, jogging/running, body weight exercises, and some weighted exercises that will help increase your strength and stamina. This can be done at your pace, so you have control over intensity.

You will get 8 weeks for only $69. All fitness levels have the power to work together, no judgement… this is simply a path to a healthier you! You’ll have access to:

- Weekly workouts and Challenges
- Nutrition information
- Private FB group**
- Special events**

I believe in creating and maintaining healthy fitness and nutritional habits. I share my knowledge with others through life experiences: continuing education courses, military training, Cross-Fit, obstacle course racing, and gymnastics. My goal is to empower you through encouragement and motivation. All you need is a mat and water.

**Date**: Session A September 5 – October 24

**I.D.#**: Session A 214100-A

**Age**: 18 and up

**Fee**: $69.00

**Day**: Thursday

**Time**: 5:30 – 6:30pm

**Max**: 20

**Location**: Half Mile Falls Park (Located between the two green bridges, on the north side of the river)

**Instructor**: Dacia Lucas - Certified ACE Group Exercise Fitness Instructor, “Bootcamp” and “Spark” instructor, CPR/AED Certification, Crossfitter, Gymnast, Military PT enthusiast.

ACE certified… group exercise instructor, fitness nutrition specialist, and weight management specialist. HIIT Certified – High Intensity Interval Training, Stress and Resilience Certified. Strong Camp Ambassador for Strong Fitness Magazine.
Suburban Basketball Travel League

What is the Travel League?
The Travel League is comprised of Westfield girls and boys who must try out for the league. Each division is broken into independent leagues grouped by the size of the community and geography. Within each division there are; 5/6 grade division and a 7/8 grade division. Westfield typically enters 2 – 3 teams per division with the Suburban League.

Why should my child consider playing in this program?
First, and most importantly, because they enjoy the sport of basketball. Secondly, if your child is looking for an opportunity to develop their skills against a higher level of competition in both practice and during games they should consider the Travel League. They should desire more frequent practices and the opportunity to play more games.

How often do the teams practice?
Teams will practice a minimum of two times per week with most teams practicing three times per week. Once the regular season begins practices may be reduced due to game conflicts.

When are the games?
Home games are played on Saturdays and Sundays at the North and South Middle School. Away games are played on weeknights and weekends. The regular season is approximately 18 games. In addition, each team will play in two tournaments as well as the season ending tournament. Typically a team will play approximately 25 games over the full season.

How is playing time managed?
Each player will receive playing time in each game. Although there is no guarantee regarding how many minutes each player will play, each coach maintains a minutes played chart.

How are coaches selected?
The basketball coordinator for the boys division and the girls division selects coaches. The primary requirement in selecting coaches is their ability to work with our young players in a positive and supportive manner. Secondly, coaches are selected based on the knowledge of the game and their ability to teach the skills required to be a successful player.

How are teams selected?
Each team will carry 10-11 players. During the course of the two mandatory tryouts, your child’s skills will be evaluated by all of the coaches in the program including the coordinator. Players will be selected based on an evaluation of the basic skills of passing, dribbling, shooting, rebounding and defense. In addition, versatility, size, game sense and hustle will be used to evaluate the players. All of the coaches will discuss the tryout and a consensus will be reached before the team is selected. While we attempt to have all four grades equally represented it is not unusual for some players to move up or down a grade depending on the circumstances of that particular tryout. Travel League participants are not permitted to play in the Recreation Division.

The fee ranges from $150.00 per player.
Sign-ups will begin Monday, August 21
Great Family Fun! Visit WestfieldonWeekends.com

SATURDAY, OCTOBER 19, 2019, 12 NOON TO 6 PM

FREE Pumpkins to carve and display – Kid’s Games & Activities – Scarecrow Trail – Trunk or Tree Boulevard – Big Rig Showcase - Performers – Musicians - Artisans and Crafters -Community Booths – and more on Park Square and Elm Street

2nd annual Westfield Tree Jubilee: Weekends, November 29 & 30 and December 1, 6, 7 & 8 - Family Lantern Making Party: Sat., December 7 Lantern Light Parade – Mayor’s Green Lighting : Saturday, December 7 Holiday House Tour: Sunday, December 8

Lots of Fun Courses and Activities for Children and their Parents, including this Fall’s Puppetry Workshops at WOW’s Westfield Creative Arts at 105 Elm Street. 579-5967
**Westfield United Basketball**  
**Recreation Divisions and Travel League**

**League Use Only**

<table>
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<tr>
<th>Division</th>
<th>Amount Paid</th>
<th>Check</th>
<th>Cash</th>
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</table>

**Participant’s Name**  
First Name: ___________________________________________  
Last Name: ___________________________________________

**Address:** ___________________________________________  
City: ___________________________  
Zip: ___________

**Gender:**  
Female _____  
Male _____  
D/O/B: ___________  
Age as of Oct. 1, 2018: ___________  
School Attending: ___________________________

**Parent/Guardian Name:** ___________________________________________  
Home Phone Number: (Phone number given to coaches ages 9 & up): _________

**Cell Phone:** ___________________________________________  
Email address: ___________________________________________

Would you like to volunteer?  
_____ Head Coach  
_____ Assistant Coach

**COACHES WE NEED YOUR HELP!** (NEED TO COMPLETE CORI/SORI AND CONFLICT OF INTEREST FORMS)

Please check the appropriate recreation division:  
I would like to coach with________________________________________________________

- [ ] Instructional -Mondays Co-Ed 5-6 yrs. $ 50.00  
- [ ] Sophomore Boys 9-10 yrs. $ 80.00  
- [ ] Sophomore Girls 9-11yrs. $ 80.00

- [ ] Instructional -Tuesdays Co-Ed 5-6 yrs. $ 50.00  
- [ ] Junior Boys 11-12 yrs. $ 80.00  
- [ ] Senior Boys 13-14 yrs. $ 100.00

- [ ] Freshmen-Co-ed 7-8 yrs. $ 50.00  
- [ ] High School Boys 15 yrs.– 18 yrs. $ 100.00 (Must be in H.S.)

- [ ] Sophomore Girls 9-11yrs. $ 80.00  
- [ ] Junior Girls 12yrs & up $ 80.00

- [ ] Girls 5-6 Grade $ 150.00  
- [ ] Boys 5-6 Grade $ 150.00

- [ ] Girls 7-8 Grade $ 150.00  
- [ ] Boys 7-8 Grade $ 150.00

**In House Basketball Payable:**  
**Parks and Recreation Dept.**  
(Instructional Ages 5 to High School Age18)

**ALL CHECKS PAYABLE: Westfield Parks and Recreation Department**

Participation in this activity may involve risk of injury. To my knowledge I (or my ward) have no health impairment which may interfere with or preclude any participation in the above described activity. As a parent or guardian or participant, I am aware of the hazards and my (or my ward’s) ability to participate. I hereby agree to release, discharge and hold harmless the City of Westfield, Westfield Youth Basketball, Inc., its employees, contracted instructors and volunteers from any liabilities which may occur from participating in the activity. I understand that participation in any recreational or sport activity involves risk. I further understand that the City of Westfield and Westfield Youth Basketball, Inc. does not provide accident/medical insurance for program participants. In addition, I give permission for the children(ren) to be treated by qualified medical personnel in the event that the above name parent/guardian can not be reached at the phone numbers provided.

ALL ADULT PARTICIPANTS MUST SIGN BELOW. IN ADDITION THE SIGNATURE OF A PARENT/GUARDIAN IS REQUIRED FOR REGISTRANTS UNDER THE AGE OF 18

| Date: ___________________________ |
| Signature (Parent/Guardian if participant is under the age of 18) | **Mail or drop off to:** Westfield Parks and Recreation Department  
4 Holcomb Street  
Westfield, MA 01085  
**Telephone:** (413) 572-6263  
**Web:** www.cityofwestfield.org |
Member First Name: ____________________ ____________ Last: _______________________________
Gender: __M  __F  
Ethnicity: African American, Asian, Caucasian, Hispanic, Multi-Racial, Native American, Pacific Islander
Member DOB: MM/ DD/ YYYY: ____ /  ____  / ________   City and State or Country of Birth _______________
School: _________________________________   Grade (K-12): _______   (School lunch) free, reduced, NotApp
Street Address: ___________________________   City: ___________________________
State: _______       Zip: _______________
Parent Email:______________________________________
Main Contact Parent/Guardian:_________________________________ ____ relationship: ____________________
Home Phone: _________________  Cell  Phone: _______________________  Work Phone: _________________
Employer               Address_______________________________________
2nd Contact Parent/Guardian: ______________________________________ relationship:______________________
Home Phone: _________________  Cell  Phone: _______________________  Work Phone: _________________
Employer:                                                                                 Address_______________________________________
Member lives with: ___ Mom & Dad   ___Mom   ___Dad    ___Step Mom    ___Step Dad    ___Grandparent   ___ Foster Parents:

### Household:

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<th>Income Range</th>
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Household Size: _________   Number under 18 in Household: _________   Member of the Household 65 years old or older:   ___Y   ___N
Member of the Household Handicapped: ___Y     ___N Head of Household: ___M     ___F     ___Both  Single Parent: ___Y     ___N
Parent or Guardian in the Military: ___Y     ___N Branch _________  Base _________________  Rank _____

### Medical Information:

Doctor Name:_________________ _______________________   Phone: ________________________
Permission for Treatment by qualified medical personnel:  ____Yes  ____No
Health insurance:  ____Yes  ____No   Insurance Carrier: __________________________
Serious Health Problems/Allergies:  ____Yes  ____No   If Yes, explain:__________________________
Medications: (Even if taken at home):   ____Yes  ____No

### Insurance and Liability Waiver Release:

Participation in Boys & Girls Club activities may involve risk of injury. To my knowledge I (or my ward) have no health impairment which might interfere with or preclude any participation in Boys & Girls Club activities. As a parent, guardian or participant, I am aware of these hazards and my (or my ward’s) ability to participate. I understand that I will assume full responsibility for any accidents, injuries or damage to personal property incurred thereby releasing the Boys & Girls of Greater Westfield, its' staff, volunteers and its' directors of all liability. I understand that participation in any recreational, dance or sport activity involves risk. I further understand that the Club maintains an open door policy and that supervision is provided inside the Club’s facility at all times. Occasionally, supervised outdoor programming occurs on the Club’s property. This waiver includes any transportation, which may be provided by the Boys & Girls Club of Greater Westfield, or any other agency involved in it programs. Boys & Girls Club of Greater Westfield reserves the right to suspend, revoke, or deny membership based on Club policies.

Parent/Guardian Signature: _______________________________________________   Date __________

Parent/Guardian gives permission:  
  to use member in positive publicity in video, print, and photos:   ____Yes  ____No
  for member to participate in all Club activities in or adjacent to the club building:   ____Yes  ____No

Parent/Guardian Understood, Signed Insurance and Liability Disclaimer and Permissions  
  ____Yes  ____No

Parent/Guardian print name: ____________________________ ____________________________

Parent/Guardian Signature: _______________________________________________   Date __________
Registration Information

Mail To:
Westfield Parks and Recreation Department
4 Holcomb Street
Westfield MA 01085

After Hours Drop Off
Place registration form and payment in a sealed envelope and place in our drop slot located at our office on side of building.

Walk In
Walk in registration at 4 Holcomb Street.

Where Are We?
We are located at 4 Holcomb Street off Court Street.

General Policy
1. All programs (unless stated otherwise) require a completed registration form.
   Pre-registration is required for programs (except stated otherwise). The registration form may be copied.
2. No on site registration will be allowed unless specified with the program description. Staff will not accept registrations/payment at program site.
3. Payment can be made by personal check, money order or cash. Make checks payable to Westfield Parks and Recreation.
4. The Parks and Recreation Department reserves the right to cancel, postpone, or combine programs.
5. Cancellations: If a program does not have sufficient registration, the program will be terminated.
6. Registrants joining a program after the starting date will be charged a prorated fee for the expired portion of the program. (Some exceptions may apply)
7. If register through the mail, the dept. will process registration with fee and mail receipt. All programs registered with a fee will receive a receipt whether you register in person or through the mail.
8. Registrations will not be processed without payment.

Registration Deadlines
Please note the start date for all programs to avoid disappointments. All programs require a minimum and maximum number of registrants.

Youth Scholarship Fund
Financial assistance is available to city residents, 17 years old or younger or a high school student. Call 572 - 6263 for more information.

Typo, Human Errors, We Goofed...!? Occasionally there may be an error in days, times, registration requirements, or fees in the guide. If so, we will do everything possible to correct the situation promptly. Thank you for your patience and understanding should these situations arise.

No News Is Good News
If you have registered for a program, we will contact you if there is a problem with your registration. Please assume you are registered for the program you selected if you do not hear from us.

FREQUENTLY ASKED QUESTIONS ABOUT REFUNDS

Can I get a refund for a program?
To be eligible for a requested refund, the request must be received three working days before program has started. No refunds/credits will be granted after a program/activity has met more than two times.

If I decide I would like a refund, how do I ask for it?
Your request will need to be a letter to the department stating the reason why you are requesting a refund along with your name, address, participant’s name and title of program which you are requesting a refund. There will be an administrative fee of $10.00 per program refunded. If you chose to have a credit placed on your household account, the credit cannot be transferred to a refund check. The Westfield Parks and Recreation Department reserves the right to cancel, postpone, or combine programs. If insufficient enrollment causes an activity to be cancelled, participants will receive a full refund. Please allow 3-4 weeks for the refund.

2020 Spring/Summer Program Guide
Program Guide will be available in March 2020.
**Program Registration Form**

Please make check or money order payable to Westfield Parks and Recreation.

**Participant Information**

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<th>First</th>
<th>Last</th>
<th>M/F</th>
<th>Age</th>
<th>DOB</th>
<th>Program</th>
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In addition, I give permission for the child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian can not be reached at the phone numbers provided.

**ADD UP**

Adding up your program fee helps provide financial assistance for those unable to afford the program fee for youth.

<table>
<thead>
<tr>
<th>Total Program Fees $</th>
<th>Credit $</th>
<th>Sub Total $</th>
<th>Add Up (Youth Scholarship Fund) $</th>
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**Signature (Parent/Guardian if participant is under 18)**

Date ____________________________

Mail or drop off to: Westfield Parks and Recreation Department

4 Holcomb Street, Westfield MA 01085
The Westfield Parks & Recreation Department controls and manages the parks/playgrounds listed below.

<table>
<thead>
<tr>
<th>PLAYGROUNDS</th>
<th>ACREAGE</th>
<th>PARKING</th>
<th>SPRAYPARK</th>
<th>DOG PARK</th>
<th>PAVILION</th>
<th>BALL DIAMONDS</th>
<th>RESTROOM</th>
<th>HORSESHOE PITS</th>
<th>PLAY-EQUIPMENT</th>
<th>BASKETBALL COURTS</th>
<th>TENNIS COURTS</th>
<th>SOCCER/FOOTBALL</th>
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<th>DRINKING FOUNTAIN</th>
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Westfield Parks and Recreation  572-6362
Come play with us!